## A care partner's guide to schizophrenia and COBENFY



(xanomeline and trospium chloride) capsules 50mg/20mg, 100mg/20mg, 125mg/30mg

# their biggest supporter





Jia and Kelsey are paid by BMS and Kelsey is not on COBENFY.

#### WHAT IS COBENFY (co-BEN-fee)?

COBENFY is an oral prescription medicine used to treat schizophrenia in adults. It is not known if COBENFY is safe and effective in children.

SELECT IMPORTANT SAFETY INFORMATION Do not take COBENFY if you:

- have urinary retention problems that cause your bladder to not empty completely or not empty at all
- have moderate or severe liver problems (impairment)
- have gastric retention problems that cause your stomach to empty slowly
- are allergic to COBENFY, xanomeline, or trospium chloride, or any of the ingredients in COBENFY
- have an eye problem called untreated narrow-angle glaucoma

Please see Important Safety Information throughout and <u>Full Prescribing Information</u>, including <u>Patient Information</u>.

# BEpart of their journey

Hi there, my name is Jia and I care for my daughter Kelsey who is living with schizophrenia. I know firsthand the daily challenges we face and the important role care partners play in their loved ones' lives.

I hope this brochure helps you and your loved one navigate the ups and downs of living with this condition, and better understand treatment with COBENFY.

> Learn more about Jia's story on page 22.

#### SELECT IMPORTANT SAFETY INFORMATION

Before taking COBENFY, tell your healthcare provider about all of your medical conditions, including if you:

- have an enlarged prostate, problems passing urine, or a blockage in your urinary bladder
- have liver problems
- have or have had gallstones or problems with your bile ducts or pancreas
- have stomach or intestinal problems,

including constipation, ulcerative colitis, slow emptying of your stomach, or myasthenia gravis have an eye condition called narrow-angle glaucoma have kidney problems

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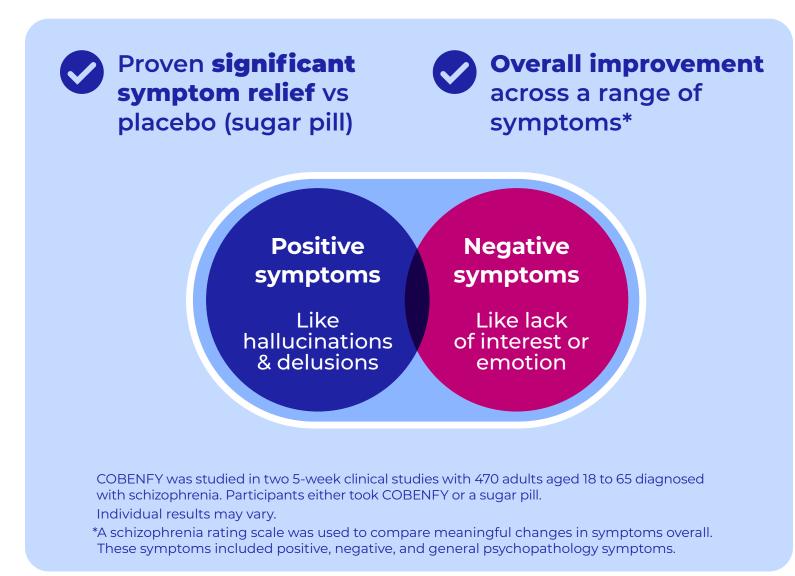


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## **COBENFY** significantly improved schizophrenia symptoms

In 2 clinical studies,\* COBENFY showed...



#### SELECT IMPORTANT SAFETY INFORMATION

#### Before taking COBENFY, tell your healthcare provider about all of your medical conditions, including if you (cont'd):

- are pregnant or plan to become pregnant. It is not known if COBENFY may harm your unborn baby. Tell your healthcare provider if you become pregnant or think you are pregnant during treatment with COBENFY.
- There is a pregnancy exposure registry for women who take COBENFY during pregnancy. The purpose of this registry is to collect information about the health of women exposed to COBENFY and their baby. If you become pregnant during treatment with COBENFY, your healthcare provider will register you by calling 1-866-961-2388 or online at https://womensmentalhealth.org/research/pregnancyregistry/atypicalantipsychotic/

## In 1 clinical study,<sup>†</sup> COBENFY...

**Reduced** the overall severity of schizophrenia

<sup>†</sup>A different schizophrenia rating tool was used to evaluate meaningful overall changes in the severity of schizophrenia.

## SELECT IMPORTANT SAFETY INFORMATION

## including if you (cont'd):

milk or if it can harm your baby.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking COBENFY with certain other medicines may increase your risk of side effects from COBENFY or the other medicine and may affect the way COBENFY or the other medicine works. Know the medicines you take. Keep a list of them to show your healthcare provider and pharmacist when you get a new medicine.

Please see Important Safety Information throughout and Full Prescribing Information, including Patient Information.

**COBENFY** (xanomeline and trospium chloride) capsules 50mg/20mg, 100mg/20mg, 125mg/30mg



Interested in learning more about COBENFY? Scan to sign up for more information.



Before taking COBENFY, tell your healthcare provider about all of your medical conditions,

are breastfeeding or plan to breastfeed. It is not known if COBENFY passes into your breast



## What healthcare providers are saying

Healthcare providers who have studied and prescribed COBENFY are excited about the potential to help people with schizophrenia.

When I ask [patients] in my practice if they'd like to try treating their schizophrenia without an antipsychotic, they want to know how. I love being able to tell them that COBENFY works differently. Having a different treatment for schizophrenia has made a difference for many of my patients."

-Craig Chepke, MD, DFAPA; Scientific Director, Psych Congress; Adjunct Associate Professor of Psychiatry, Atrium Health; and Medical Director, Excel Psychiatric Associates

For the first time in a long time, I feel hopeful that we have broken a barrier with COBENFY. It's not an antipsychotic. I know based on feedback from my own patients that COBENFY has been shown to reduce the severity of schizophrenia and significantly improve symptoms across domains."

—Duren Gutierrez, DNP, PMHNP-BC; Medical Director, Adult Services Easterseals MORC

acetylcholine receptors."

-Rishi Kakar, MD, Investigator in the COBENFY clinical study program

- compelling option for my patients."
- the condition."

-Elan Cohen, PhD, Investigator in the COBENFY clinical study program

Paid consultants for Bristol Myers Squibb.

Please see Important Safety Information throughout and Full Prescribing Information, including Patient Information.



Scan to share your COBENFY story.

Actor portrayal.

SELECT IMPORTANT SAFETY INFORMATION What should I avoid while taking COBENFY?

Do not drive, operate heavy machinery, or do other dangerous activities until you know how COBENFY affects you. COBENFY may cause dizziness, confusion, seeing or hearing things that are not real (hallucinations), and sleepiness.

I'm encouraged by the results my patients saw during clinical studies. COBENFY provided significant symptom relief. It is the first and only FDA-approved schizophrenia medication that is thought to work by activating muscarinic

Schizophrenia is such a debilitating disease. In clinical trials, COBENFY reduced the severity of schizophrenia and significantly improved symptoms, offering a

—David Walling, PhD, Investigator in the COBENFY clinical study program

I was one of the privileged Principal Investigators in the COBENFY open-label clinical trial and, among the clinical team, we were struck by how this compound. with its combination of xanomeline and trospium chloride, showed significant improvement in schizophrenia symptoms and reduction in the overall severity of

# COBENFY is not an antipsychotic. It works differently

COBENFY is a different approach to schizophrenia treatment. COBENFY is a unique combination of 2 medicines: xanomeline and trospium chloride.



**Xanomeline** (Za-NO-muh-leen) is thought to activate muscarinic receptors in the brain to help adjust important chemical messengers related to schizophrenia symptoms.

Trospium (TRO-spee-um) chloride may help prevent xanomeline from working outside the brain so that other parts of the body are less likely to be impacted.

## The exact way COBENFY works is not fully understood.

## What are receptors?

**Receptors** are small proteins (or small structures) found on the cells in the brain and body. Certain medicines can interact with receptors to "activate" them. This may change how the cells function.

Muscarinic acetylcholine receptors are types of receptors.

#### SELECT IMPORTANT SAFETY INFORMATION

#### COBENFY may cause serious side effects, including:

 Problems with emptying your bladder (urinary retention). See "Do not take COBENFY if you:" COBENFY may cause your bladder to not empty completely or not empty at all. You are at increased risk for urinary retention if you are elderly, have a blockage in your bladder, have an enlarged prostate called benign prostatic hyperplasia (BPH), have bladder emptying problems from diabetes, or are taking higher doses of COBENFY. Urinary retention may increase your risk for getting a urinary tract infection. Call your healthcare provider or get emergency help right away if you get any signs or symptoms of urinary retention during treatment with COBENFY, including:



## The xanomeline in COBENFY activates specific muscarinic receptors in the brain

These receptors are thought to be found in specific areas of the brain that may be related to schizophrenia symptoms. Symptoms can happen when these areas have too many or too few important chemical messengers.

When the xanomeline in COBENFY activates receptors in the brain, it may help adjust the levels of important chemical messengers involved in schizophrenia.



Scan to watch a video on how COBENFY works.

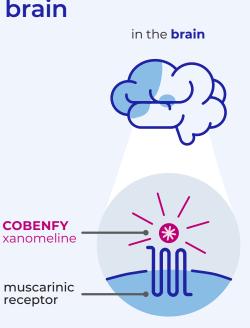
SELECT IMPORTANT SAFETY INFORMATION COBENFY may cause serious side effects, including (cont'd):

- difficulty urinating
- urination in a weak stream or drips
- urinating frequently

Information, including Patient Information.

**COBENFY** (xanomeline and trospium chloride) capsules 50mg/20mg, 100mg/20mg, 125mg/30mg

## **COBENFY** is the first and only FDA-approved schizophrenia medicine that is thought to work by activating small proteins in the brain called muscarinic acetylcholine receptors.



# · Problems with emptying your bladder (urinary retention) (cont'd).

- full bladder and difficulty emptying your bladder

- pain when you urinate

# Please see Important Safety Information throughout and Full Prescribing

## Possible side effects of COBENEY

## Most common side effects experienced by 5% or more of people taking COBENFY

Adverse reaction	<b>COBENFY</b> (n=251)	<b>Sugar pill</b> (n=253)
Nausea	19%	4%
Stomach upset or burning (dyspepsia)	18%	5%
Constipation	17%	7%
Vomiting	15%	1%
High blood pressure	11%	2%
Stomach (abdominal) pain	8%	4%
Diarrhea	6%	2%
Increased heart rate	5%	2%
Dizziness	5%	2%
Heartburn (gastrointestinal reflux disease)	5%	<1%

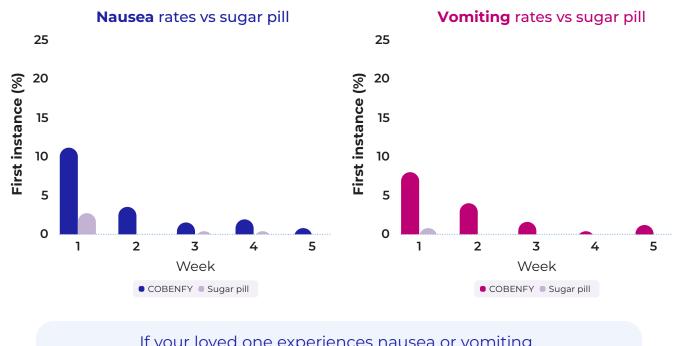
People taking COBENFY had similar rates of uncontrolled facial or body movements (2%) as those taking a sugar pill (<1%).

**Eating food too close to taking COBENFY** can make side effects worse.

#### SELECT IMPORTANT SAFETY INFORMATION

**COBENFY may cause serious side effects, including:** Problems with emptying your bladder (urinary retention), risks in people with liver problems, risks in people with bile duct and gallbladder problems (biliary disease), slow emptying of your stomach (decreased gastrointestinal motility), serious allergic reactions (angioedema), an eye problem called narrow-angle glaucoma, increases in heart rate, side effects in people with kidney problems, and central nervous system problems.

## Nausea and vomiting often occurred during the first 2 weeks of treatment and generally decreased over time.



If your loved one experiences nausea or vomiting, ask their healthcare provider about options that may help.

+4.96 lbs +3.04 lbs -5.64 lbs

**Sugar pill** – Average change in 5-week studies was 4.96 pounds of weight gain **COBENFY** – Average change in 5-week studies was 3.04 pounds of weight gain **COBENFY** – Average change in 1-year studies was 5.64 pounds of weight loss\*†

\*The results are from 1-year studies where participants and their physicians knew they were taking COBENFY, which may have influenced the results. <sup>†</sup>17.6% of people lost weight, while 4.1% gained weight.

Please see Important Safety Information throughout and Full Prescribing Information, including Patient Information.



## **COBENFY** effects on weight

# Start and end the day with COBENFY

COBENFY is taken twice a day on an empty stomach



## **COBENFY** is taken twice daily

- Take COBENFY exactly as prescribed. Taking COBENFY twice a day may help keep the medicine at a consistent level in the body throughout the day
- Your loved one can take **1 pill when** they wake up and 1 pill before **bed**. Talk to their healthcare provider about the best time to take COBENFY

## Take COBENFY on empty

- Take COBENFY on an empty stomach. Eating food too close to taking COBENFY can make side effects worse
- Take COBENFY at least 1 hour before or at least 2 hours after a meal

## Ways to help your loved one stay on track:

- Set reminders on their phone to take COBENFY
- Place their medication in a visible area, like a nightstand
- Sign up for the COBENFY Cares<sup>™</sup> support program for tips that may help your loved one take their medication on time. Learn more on page 14

#### SELECT IMPORTANT SAFETY INFORMATION

#### COBENFY may cause serious side effects, including (cont'd):

• Risks in people with liver problems. See "Do not take COBENFY if you:" It is not recommended that people with mild liver problems (impairment) take COBENFY because they have an increased risk of getting side effects from COBENFY. Your healthcare provider will check the liver enzyme levels in your blood before starting treatment and as needed during treatment with COBENFY. Tell your healthcare provider if you get any signs or symptoms of liver problems during treatment with COBENFY, including:

## COBENFY comes in different strengths



COBENFY is made of xanomeline and trospium chloride. A healthcare provider will determine which dose is right for your loved one and may change their dose over time.

## 1. Starting dose for at least 2 days



When starting COBENFY, the recommended dose is 50 mg/20 mg twice daily for at least 2 days.

Pills not shown at actual size. mg/mg is shown as xanomeline/trospium chloride.

#### SELECT IMPORTANT SAFETY INF **COBENFY** may cause serious sid

#### Risks in people with liver probl

- yellowing of your skin or the w
- dark urine
- pain and swelling in the upper stomach (abdomen)
- stomach pain that spreads to your right shoulder
- itchina

Please see Important Safety Information throughout and Full Prescribing Information, including Patient Information.



## 2. Increased dose for at least 5 days



## Then their healthcare provider may increase their dose to 100 mg/20 mg twice daily for at least 5 days.

## 3. Ongoing dose



Their healthcare provider will determine the correct dose.

## Do not let your loved one change the dose, stop taking COBENFY without talking to their healthcare provider, or open the capsules. If they take too much COBENFY, call their healthcare provider or the Poison Help Line at 1-800-222-1222 or go to the nearest hospital emergency room right away.

FORMATION de effects, including (con	ťd):
olems (cont'd).	
white part of your eyes	- nausea or vomiting - loss of appetite
er right part of your	- fever - chills
your back or to below	<ul><li>light-colored stools</li><li>tiredness</li></ul>



## Support starts with **COBENFY** Cares<sup>™</sup>

## Access free, 1:1 support 24/7 with a COBENFY prescription

Our team of COBENFY Cares Champions\* is available 365 days a year and may be able to help your loved one:





Answer questions about COBENFY

Get ongoing support with regularly scheduled check-ins



**Build routines** for taking medication as prescribed



Understand insurance coverage and sign up for a **COBENFY** Co-Pay Card<sup>†</sup>

\*COBENFY Cares Champions are available to provide support to patients who have been prescribed COBENFY. Champions do not provide medical advice or care. COBENFY Cares Champions are provided as a service by Bristol Myers Squibb. Patients should discuss any questions about their medical conditions and treatment options with their healthcare providers.

<sup>†</sup>COBENFY Cares does not guarantee insurance coverage for COBENFY. Coverage is determined by your loved one's insurance provider. Please see COBENFY Terms and Conditions.



Does your loved one want tips for remembering to take their medicine regularly? COBENFY Cares has tools available.



Scan or call 1-877-COBENFY (1-877-262-3639) to enroll for ongoing support.

## Your loved one can sign up for our Co-Pay Card

## Eligible participants may pay as little as \$0

If your loved one has private or commercial health insurance, they may be eligible to pay as little as \$0 per month through a co-pay savings offer. Certain terms and conditions apply.



Information, including Patient Information.

Actor portraya





Scan or call **1-877-COBENFY** (1-877-262-3639) to sign up for a Co-Pay Card.

## Frequently asked questions

## **Q:** What is COBENFY?

**A** COBENFY is a prescription medicine used to treat adults with schizophrenia. COBENFY is a unique combination of 2 medicines: xanomeline (Za-NO-muh-leen) and trospium (TRO-spee-um) chloride.

## **Q:** Is COBENFY an antipsychotic?

A: No, COBENFY is not an antipsychotic. COBENFY is the first and only FDA-approved schizophrenia medicine that is thought to work by activating small proteins in the brain called muscarinic acetylcholine receptors. The exact way COBENFY works is not fully understood.

## **Q:** Does COBENFY need to be refrigerated?

A: No, COBENFY should not be refrigerated. It should be kept at room temperature (68 °F-77 °F).

## Q: How long will my loved one need to take COBENFY?

**A**: COBENFY should be taken as long as their healthcare provider feels it is necessary. They should not stop taking COBENFY without first talking to their healthcare provider.

#### SELECT IMPORTANT SAFETY INFORMATION

#### COBENFY may cause serious side effects, including (cont'd):

Risks in people with bile duct and gallbladder problems (biliary disease). COBENFY may cause a blockage in your bile ducts that could lead to gallstones, pancreatitis, and increases in your liver enzymes. Your healthcare provider will check your liver enzyme and bilirubin levels in your blood before starting treatment and as needed during treatment with COBENFY. Tell your healthcare provider if you get any signs or symptoms of biliary disorders during treatment with COBENFY, including:

## Q: How do I know COBENFY is working for my loved one, and how fast may we see results?

## **Q:** Should COBENFY be taken with food?

- in between doses?

their healthcare provider.

Information, including Patient Information.



A: Individual results vary, but most people in the clinical trials saw a significant improvement in 5 weeks. Ask the healthcare provider when to expect results and to clarify the goals of your loved one's treatment, including what you should look for to know if it's working.

**A**: COBENFY should be taken by mouth on an empty stomach—at least 1 hour before a meal or at least 2 hours after a meal. Eating food too close to taking COBENFY can make side effects worse.

## Q: Is there a certain amount of time that needs to pass

## (For example: Can they take their AM pill at 9 AM and their PM pill at 1 PM?)

COBENFY is taken 2 times a day. This may help keep COBENFY at a consistent level in their body throughout the day. We recommend creating a routine where they take COBENFY at the start and end of the day. COBENFY Cares<sup>™</sup> offers support that can help remind them to take COBENFY at the same time each day.

## **Q:** What should they do if they miss a dose of COBENFY?

A: If your loved one misses a dose of COBENFY, they should talk to

## Frequently asked questions (cont'd)

## Q: If my loved one experiences nausea and/or vomiting, should they stop taking COBENFY?

A: If your loved one experiences nausea and/or vomiting, they should talk to their healthcare provider before they stop taking COBENFY. Learn more about potential side effects on pages 10-11.

## **Q:** What support is available for people on COBENFY?

**Δ** COBENFY Cares<sup>™</sup> is a patient support program for those who have been prescribed COBENFY. COBENFY Cares Champions are available to answer questions, help identify financial resources and support, and assist in following a medication schedule as their healthcare provider has prescribed. For questions about the program, please call 1-877-COBENFY (1-877-262-3639).

## Q: How can I learn more about cost and savings options?

**A**: There may be different cost-saving options for COBENFY, depending on insurance coverage and financial needs. If your loved one has been prescribed COBENFY, contact COBENFY Cares to better understand the options available to them.

#### SELECT IMPORTANT SAFETY INFORMATION

#### COBENFY may cause serious side effects, including (cont'd):

- · Risks in people with bile duct and gallbladder problems (biliary disease) (cont'd).
- stomach upset or burning (dyspepsia) - vomiting
- nausea

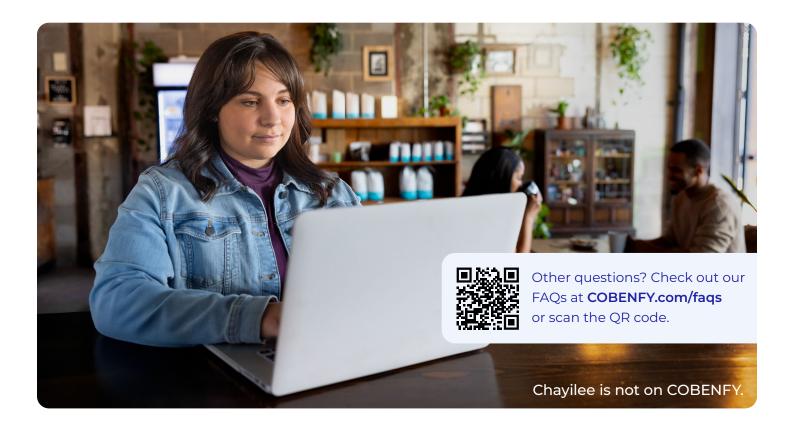
- pain in the upper right part of your stomach

## **Q:** How do I use the COBENFY Co-Pay Card?

1-877-COBENFY (1-877-262-3639).

## Q: How can I share my COBENFY story?

in the program.



Information, including Patient Information.



Bring the COBENFY Co-Pay Card to the pharmacy counter at the time the prescription is filled. Eligible participants may pay as little as \$0 per 30-day supply. Please see COBENFY Terms and Conditions. For questions about the program, including savings on mail-order prescriptions, please call

Are you or a loved one taking COBENFY to treat schizophrenia? Do you have an interest in sharing your story? If you're a U.S. resident and 18 years or older, please call 1-855-436-5866 to find out if you are eligible to participate in our Ambassador Program. Please note that not all candidates will be selected to participate

Please see Important Safety Information throughout and Full Prescribing

## About schizophrenia

Schizophrenia is a complex condition that may not be well understood by others who interact with your loved one. This introduction to schizophrenia may help you explain to others what your loved one may be experiencing in simpler terms.

## How does the brain work?

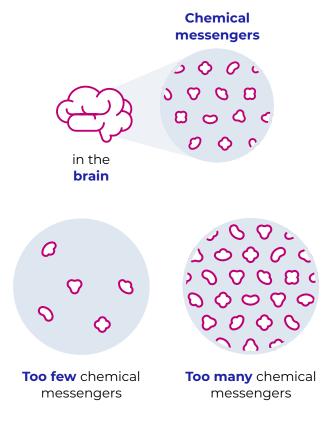
The brain is made up of billions of cells that help you think, learn, move, sleep, and more.

These cells need to work together and communicate with each other. They do this by sending each other **chemical messengers**.

## What's happening in the brain when you have schizophrenia?

Schizophrenia is a serious mental health condition that's connected to what's happening in the brain.

When you have schizophrenia, the amounts of certain kinds of chemical messengers in the brain may be too high or **too low**. This may lead to symptoms like hallucinations, feeling unmotivated, and having trouble with memory and learning.



## Schizophrenia affects people of all ages, but with treatment, it can be managed.

## SELECT IMPORTANT SAFETY INFORMATION

#### COBENFY may cause serious side effects, including (cont'd):

· Slow emptying of your stomach (decreased gastrointestinal motility). See "Do not take **COBENFY if you:**" You are at increased risk for getting decreased gastrointestinal motility if you have ulcerative colitis, already have problems with slow stomach emptying, and have myasthenia gravis. Tell your healthcare provider if you get any signs and symptoms of decreased gastrointestinal motility during treatment with COBENFY, including:

- stomach (abdominal) pain

- a feeling of fullness after eating just a few bites

- constipation
- vomiting
- nausea
- stomach (abdominal) bloating

Three types of symptoms

It's important to understand and recognize the different types of symptoms your loved one may be experiencing so that you can discuss them with their healthcare provider.

something that is not there

Delusions – Holding beliefs that are not true or based in reality

Difficulty thinking or speaking

- Difficulty staying motivated to complete tasks
- Decreased sense of joy or happiness
- Showing little emotion, not smiling or using facial expressions
- Social withdrawal



- Trouble with memory
- Difficulty understanding and making decisions
- Difficulty paying attention

This is not a complete list of symptoms, and everyone living with schizophrenia experiences symptoms differently.



Log your loved one's symptoms to guide a productive conversation with their healthcare provider. Scan the QR code to print the Symptom Tracker or visit **COBENFY.com/resources**.

Information, including Patient Information.

- acid reflux



## Positive symptoms are additional experiences that your brain creates

- □ Hallucinations Seeing, hearing, feeling, tasting, or smelling

## Negative symptoms are like missing pieces of your usual self

## Cognitive symptoms affect how you think and process information

# Blethere for the

"I try to support my daughter every day while giving her space to find her own way."

– Jia, a care partner

Kelsey is not on COBENFY.

SELECT IMPORTANT SAFETY INFORMATION

COBENFY may cause serious side effects, including (cont'd):

• Serious allergic reactions (angioedema). Angioedema may happen during treatment with COBENFY and can be life threatening. Stop taking COBENFY and call your healthcare provider or get emergency help right away if you get any of the following signs or symptoms of a serious allergic reaction during treatment with COBENFY, including:

While everyone's schizophrenia journey is different, care partners share the common goal of providing the best possible support to their loved one. No one knows this better than Jia, who has shared some of her experience and insights that you may find helpful.



## **Get informed**

Jia has found that becoming educated in schizophrenia helped her identify Kelsey's triggers and how to help her manage them.

Staying grounded in your beliefs and needs is one of the many ways Jia recommends taking care of yourself while caring for your loved one.

# Seek out support

Jia found herself looking for additional support for herself and Kelsey. Explore resources available to you and your loved one as you navigate your journey with schizophrenia.



## SELECT IMPORTANT SAFETY INFORMATION

- · Serious allergic reactions (angioedema) (cont'd). - hives
- swelling of your face, lips, mouth, or tongue
- swelling of your throat

Please see Important Safety Information throughout and Full Prescribing Information, including Patient Information.

COBENFY. (xanomeline and trospium chloride) capsules 50mg/20mg, 100mg/20mg, 125mg/30mg

## **Remain true to yourself**

Scan to hear more from Jia.

COBENFY may cause serious side effects, including (cont'd):

- hoarseness or difficulty speaking - breathing problems

# Ethere for you

## Ways Jia takes care of herself:

- Going to therapy and talking with her therapist on how to best support her daughter
- Exercising regularly
- Reconnecting through prayer and spirituality
- Keeping a healthy diet
- Meditating and using other relaxation techniques

Discover advocacy groups for you and your loved one on page 26.

Daughter not on COBENFY.

#### SELECT IMPORTANT SAFETY INFORMATION

#### COBENFY may cause serious side effects, including (cont'd):

- · An eye problem called narrow-angle glaucoma. See "Do not take COBENFY if you:" If you already have narrow angles in your eyes, COBENFY may cause a sudden attack (acute angle closure) of glaucoma. Tell your healthcare provider if you get any signs or symptoms of narrow-angle glaucoma during treatment with COBENFY, including:
- red eyes
- blurred vision
- seeing halos or bright colors around lights
- eye pain or discomfort
- nausea or vomiting
- severe headache

## SELECT IMPORTANT SAFETY INFORMATION COBENFY may cause serious side effects, including (cont'd):

Please see Important Safety Information throughout and Full Prescribing Information, including Patient Information.

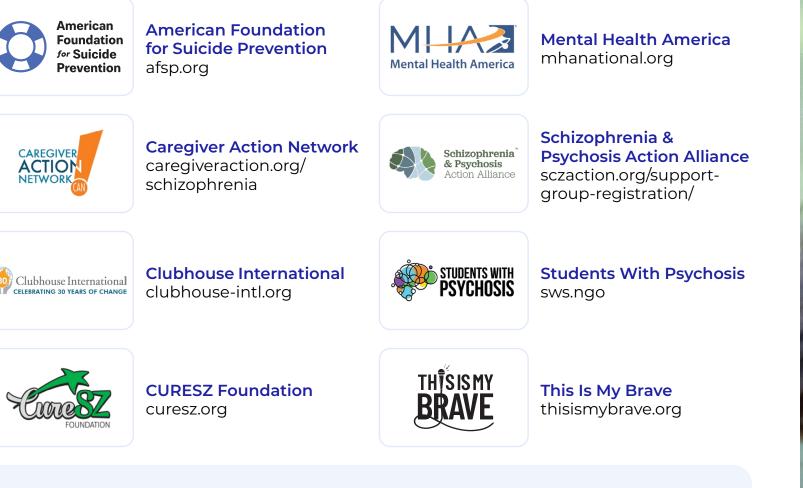


"Taking care of myself has become part of my daily routine because that just helps me stay healthy both mentally and physically. Because if I am breaking down, I can't help my daughter." – Jia, a care partner

 Increases in heart rate. COBENFY may increase your heart (pulse) rate. Your healthcare provider should check your heart rate before you start treatment and during treatment as needed. Tell your healthcare provider if you get a racing or pounding feeling in your chest during treatment with COBENFY.

## Advocacy groups for you and your loved one

We understand that you both may need a helping hand sometimes. There are advocacy organizations,\* like Schizophrenia & Psychosis Action Alliance, that offer in-person and online support groups for care partners like you and your loved one. Explore getting connected to help with one of the groups below.





\*Bristol Myers Squibb does not endorse these organizations. The information/links provided by Bristol Myers Squibb are meant for informational purposes only and are not meant to replace a physician's medical advice.

## SELECT IMPORTANT SAFETY INFORMATION

## COBENFY may cause serious side effects, including (cont'd):

- Side effects in people with kidney problems. People with kidney problems may have an increased risk of getting dry mouth, constipation, stomach upset or burning, urinary tract infection, and urinary retention during treatment with COBENFY.
- Central nervous system problems. See "What should I avoid while taking COBENFY?"





Please see Important Safety Information throughout and Full Prescribing Information, including Patient Information.



Explore more resources available at COBENFY.com/resources.

## Getting help in a crisis

Schizophrenia is a serious mental health condition. If you fear you or your loved one is at risk, contact the National Hotline For Mental Health Crises, which is available 24/7.

- 988 Suicide and Crisis Lifeline (also known as 1-800-273-TALK (8255))
- Para Español: 1-888-628-9454
- Options for deaf and hard of hearing: 1-800-799-4889
- Veterans crisis line: Dial 1-800-273-8255, then press 1
- Don't want to talk? Text "HOME" to 741741
- Another option is to call 911



#### SELECT IMPORTANT SAFETY INFORMATION

## The most common side effects of COBENFY include:

- nausea
- stomach upset or burning (dyspepsia)
- constipation
- vomiting
- high blood pressure

- stomach (abdominal) pain
- diarrhea
- increased heart rate
- dizziness
- heartburn (gastrointestinal reflux disease)

Your healthcare provider may lower your dose or stop treatment with COBENFY if you get certain side effects.

These are not all of the possible side effects of COBENFY.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

## **Emergency contacts**

Your loved one may require emergency help from time to time, so it's important to be prepared with this information.

## Doctors' names and number

## Therapist/counselors' names and numbers:

Locations of nearby emergency rooms:

## Names and numbers of other supportive people:

## Additional notes:

## Information, including Patient Information.



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Please see Important Safety Information throughout and Full Prescribing

## COBENFY.

(xanomeline and trospium chloride) capsules 50mg/20mg, 100mg/20mg, 125mg/30mg

## Reasons to **BE**lieve in COBENFY



The first and only **agonist**\* for schizophrenia



Proven symptom relief FDA-approved muscarinic across a range of symptoms, including positive and negative symptoms<sup>+</sup>



It is not an antipsychotic it works differently\*

\*COBENFY is a muscarinic agonist (xanomeline) and muscarinic antagonist (trospium chloride). The exact way COBENFY works is not fully understood.

<sup>†</sup>COBENFY was studied in two 5-week clinical studies with 470 adults aged 18 to 65 diagnosed with schizophrenia. Participants either took COBENFY or a sugar pill. A schizophrenia rating scale was used to compare meaningful changes in symptoms overall. These symptoms included positive, negative, and general psychopathology symptoms.

Individual results may vary.

## Welcome to what could



Find out more by visiting COBENFY.com.

#### Actor portrayal.

#### SELECT IMPORTANT SAFETY INFORMATION

The most common adverse reactions of COBENFY were nausea, stomach upset or burning, constipation, vomiting, high blood pressure, abdominal pain, diarrhea, increased heart rate, dizziness, and heartburn.

Please see Important Safety Information throughout and Full Prescribing Information, including Patient Information.

#### Ull Bristol Myers Squibb

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