

# COBENFY

(xanomeline and trospium chloride) capsules

50mg/20mg, 100mg/20mg, 125mg/30mg

**Because schizophrenia shouldn't  
change who you want to **BE**.**

Welcome to what could  
**BE**

*Bryan*

Taking COBENFY

Bryan was compensated for his time.

## **WHAT IS COBENFY (co-BEN-fee)?**

COBENFY is an oral prescription medicine used to treat schizophrenia in adults.

It is not known if COBENFY is safe and effective in children.

## **SELECT IMPORTANT SAFETY INFORMATION**

### **Do not take COBENFY if you:**

- have urinary retention problems that cause your bladder to not empty completely or not empty at all
- have moderate or severe liver problems (impairment)
- have gastric retention problems that cause your stomach to empty slowly
- are allergic to COBENFY, xanomeline, or trospium chloride, or any of the ingredients in COBENFY
- have an eye problem called untreated narrow-angle glaucoma

**Please see Important Safety Information throughout and Full Prescribing Information, including Patient Information.**

# COBENFY significantly improved schizophrenia symptoms

**COBENFY**<sup>™</sup>  
(xanomeline and trospium chloride) capsules  
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In 2 clinical studies,\* COBENFY was...

- ✓ Proven to deliver **significant relief** of schizophrenia symptoms overall vs placebo (sugar pill)

In 1 clinical study,† COBENFY...

- ✓ **Reduced** the overall severity of schizophrenia



COBENFY was studied in two 5-week clinical studies with 470 adults with schizophrenia aged 18 to 65 who either took COBENFY or a sugar pill.

\*A rating scale measured changes in schizophrenia symptoms overall vs. sugar pill. Not studied for changes in individual symptoms. Results may vary.

†A different schizophrenia rating tool was used to evaluate meaningful overall changes in the severity of schizophrenia.

## SELECT IMPORTANT SAFETY INFORMATION

Before taking COBENFY, tell your healthcare provider about all of your medical conditions, including if you:

- have an enlarged prostate, problems passing urine, or a blockage in your urinary bladder
- have liver problems
- have or have had gallstones or problems with your bile ducts or pancreas
- have stomach or intestinal problems, including constipation, ulcerative colitis, slow emptying of your stomach, or myasthenia gravis



Chanel is taking COBENFY. Chanel and Fines were compensated for their time.

Interested in learning more about COBENFY? [Click here](#) to sign up for more information.

## SELECT IMPORTANT SAFETY INFORMATION

Before taking COBENFY, tell your healthcare provider about all of your medical conditions, including if you (cont'd):

- have an eye condition called narrow-angle glaucoma
- have kidney problems

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# COBENFY works differently

COBENFY was created with a different approach in mind. COBENFY is a unique combination of 2 medicines: **xanomeline** and **trospium chloride**.



**Xanomeline** (Za-NO-muh-leen) is thought to activate muscarinic receptors in your brain to help adjust important chemical messengers related to your schizophrenia symptoms.

+



**Trospium** (TRO-spee-um) **chloride** may help prevent xanomeline from working outside your brain so that other parts of your body are less likely to be impacted.

**The exact way COBENFY works is not fully understood.**

**COBENFY is the first and only FDA-approved schizophrenia medicine that is thought to work by activating specific small proteins in the brain called muscarinic acetylcholine receptors.\***

\*Receptors are small proteins (or small structures) found on the cells in your brain and body. Certain medicines can interact with receptors to "activate" them. This may change how your cells function. Muscarinic acetylcholine receptors are types of receptors.

## **SELECT IMPORTANT SAFETY INFORMATION**

**Before taking COBENFY, tell your healthcare provider about all of your medical conditions, including if you (cont'd):**

- are pregnant or plan to become pregnant. It is not known if COBENFY may harm your unborn baby. Tell your healthcare provider if you become pregnant or think you are pregnant during treatment with COBENFY.

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**Albert**  
Taking COBENFY

[Click here to see how COBENFY is different.†](#)

Albert was compensated for his time.

†COBENFY is a muscarinic agonist (xanomeline) and muscarinic antagonist (trospium chloride).

## **SELECT IMPORTANT SAFETY INFORMATION**

**Before taking COBENFY, tell your healthcare provider about all of your medical conditions, including if you (cont'd):**

- There is a pregnancy exposure registry for women who take COBENFY during pregnancy. The purpose of this registry is to collect information about the health of women exposed to COBENFY and their baby. If you become pregnant during treatment with COBENFY, your healthcare provider will register you by calling 1-866-961-2388 or online at <https://womensmentalhealth.org/research/pregnancyregistry/atypicalantipsychotic/>
- are breastfeeding or plan to breastfeed. It is not known if COBENFY passes into your breast milk or if it can harm your baby.

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# Possible side effects of COBENFY

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Most common side effects experienced by 5% or more of people taking COBENFY

Adverse reaction	COBENFY (n=251)	Sugar pill (n=253)
Nausea	19%	4%
Stomach upset or burning (dyspepsia)	18%	5%
Constipation	17%	7%
Vomiting	15%	1%
High blood pressure	11%	2%
Stomach (abdominal) pain	8%	4%
Diarrhea	6%	2%
Increased heart rate	5%	2%
Dizziness	5%	2%
Heartburn (gastrointestinal reflux disease)	5%	<1%

These are not all of the possible side effects of COBENFY.

Your healthcare provider may lower your dose or stop treatment with COBENFY if you get certain side effects.

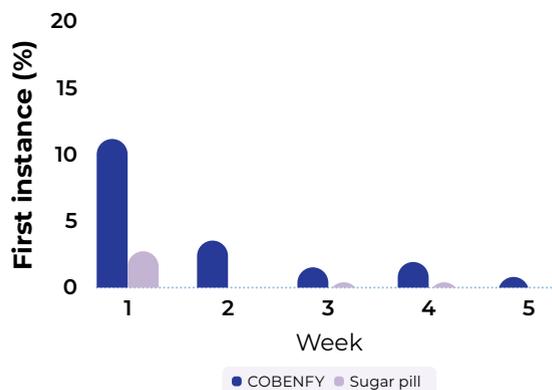
People taking COBENFY had similar rates of uncontrolled facial or body movements (2%) as those taking a sugar pill (<1%).

## SELECT IMPORTANT SAFETY INFORMATION

**COBENFY may cause serious side effects, including:**

Problems with emptying your bladder (urinary retention), risks in people with liver problems, risks in people with bile duct and gallbladder problems (biliary disease), slow emptying of your stomach (decreased gastrointestinal motility), serious allergic reactions (angioedema), an eye problem called narrow-angle glaucoma, increases in heart rate, side effects in people with kidney problems, and central nervous system problems.

First instance of nausea often occurred during the first 2 weeks of treatment and **generally decreased over time**



If you experience nausea or vomiting, ask your healthcare provider about options that may help.



**Eating food too close to taking COBENFY can make side effects worse.**



## COBENFY effects on weight

**Sugar pill** – Average change in 5-week studies was 4.96 pounds of weight gain **+4.96 lbs**

**COBENFY** – Average change in 5-week studies was 3.04 pounds of weight gain **+3.04 lbs**

**COBENFY** – Average change in 1-year studies was 5.64 pounds of weight loss\*† **-5.64 lbs**

\*The results are from 1-year studies where participants and their physicians knew they were taking COBENFY, which may have influenced the results.

†On average, participants lost 5.6 lbs in year-long trials. 17.6% of participants had a decrease in body weight of  $\geq 7\%$ . 4.1% of participants had an increase in body weight of  $\geq 7\%$ .

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# Start and end your day with COBENFY

**COBENFY**<sup>®</sup>  
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## COBENFY is taken twice a day on an empty stomach



### COBENFY is taken twice daily

- Take COBENFY exactly as prescribed. Taking COBENFY twice a day may help keep the medicine at a consistent level in your body throughout the day
- You can take **1 pill when you wake up and 1 pill before bed**



### Take COBENFY on empty

- Take COBENFY on an empty stomach. Eating food too close to taking COBENFY can make side effects worse
- Take COBENFY **at least 1 hour before or at least 2 hours after a meal**



**Talk to your healthcare provider about how to add COBENFY to your daily routine.**

COBENFY is made of xanomeline and trospium chloride. Your healthcare provider will determine which dose is right for you and may change your dose over time.

## SELECT IMPORTANT SAFETY INFORMATION

**Tell your healthcare provider about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking COBENFY with certain other medicines may increase your risk of side effects from COBENFY or the other medicine and may affect the way COBENFY or the other medicine works. Know the medicines you take. Keep a list of them to show your healthcare provider and pharmacist when you get a new medicine.

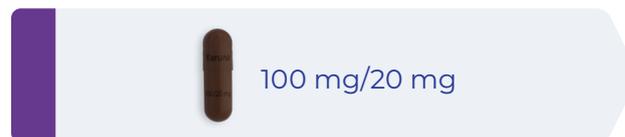
## COBENFY comes in different strengths

### 1. Starting dose for at least 2 days



When starting COBENFY, the recommended dose is 50 mg/20 mg twice daily for at least 2 days.

### 2. Increased dose for at least 5 days



Then your healthcare provider may increase your dose to 100 mg/20 mg twice daily for at least 5 days.

### 3. Ongoing dose



Your healthcare provider will determine the correct dose.

Pills not shown at actual size.  
mg/mg is shown as xanomeline/trospium chloride.

**Do not change the dose, stop taking COBENFY without talking to your healthcare provider, or open the capsules.** If you take too much COBENFY, call your healthcare provider or the Poison Help Line at 1-800-222-1222 or go to the nearest hospital emergency room right away.

**Please see Important Safety Information throughout and Full Prescribing Information, including Patient Information.**

# Consider your schizophrenia symptoms

It's important to understand the different types of symptoms you may be experiencing so that you can discuss them with your healthcare provider.

## + **Positive symptoms** are additional experiences that your brain creates

- Hallucinations – Seeing, hearing, feeling, tasting, or smelling something that is not there
- Delusions – Holding beliefs that are not true or based in reality
- Difficulty thinking or speaking

## – **Negative symptoms** are like missing pieces of your usual self

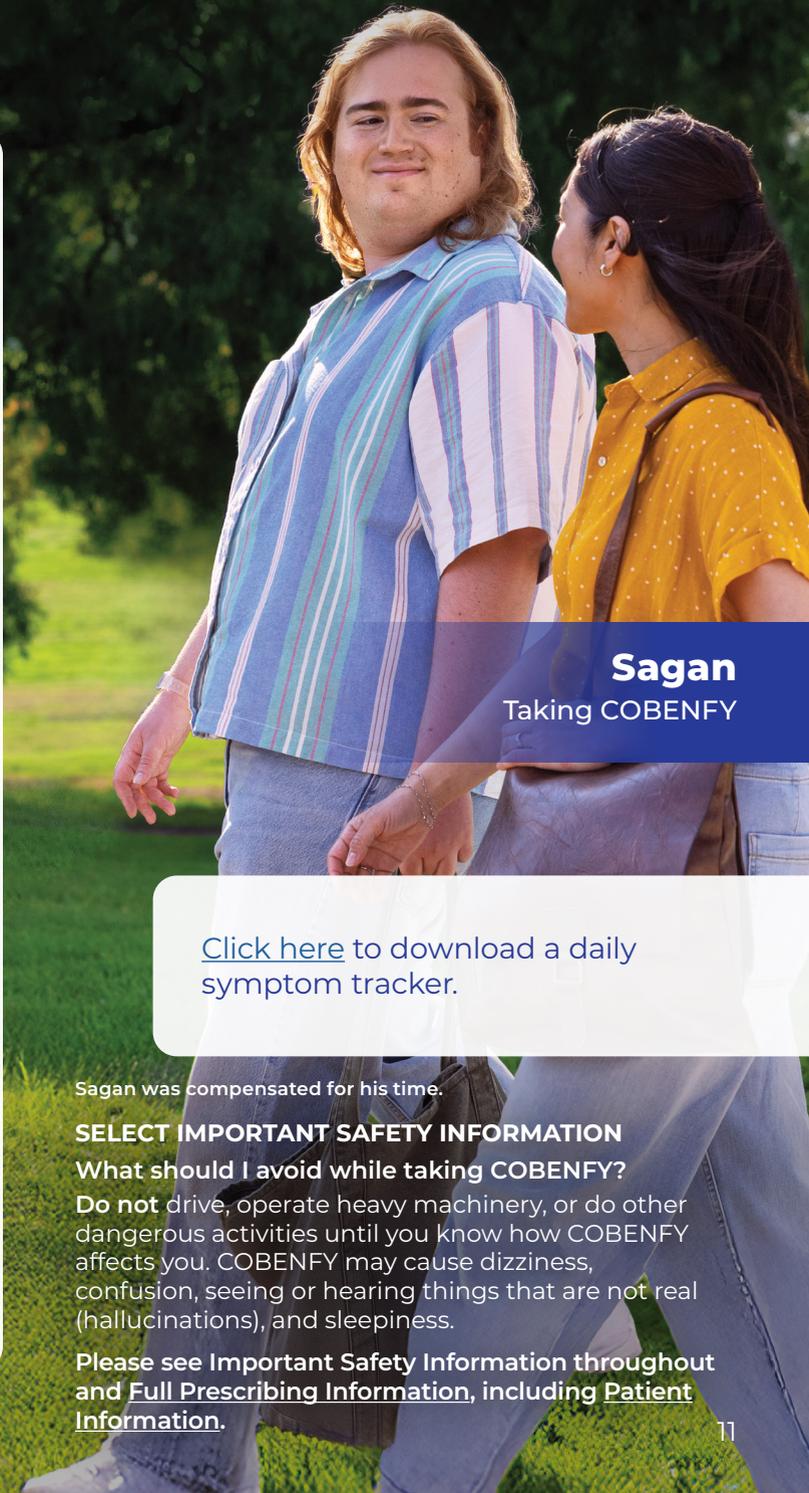
- Difficulty staying motivated to complete tasks
- Decreased sense of joy or happiness
- Showing little emotion, not smiling or using facial expressions
- Social withdrawal

## **Cognitive symptoms** affect how you think and process information

- Trouble with memory
- Difficulty understanding and making decisions
- Difficulty paying attention

This is not a complete list of symptoms, and everyone living with schizophrenia experiences symptoms differently.

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**Sagan**  
Taking COBENFY

[Click here](#) to download a daily symptom tracker.

Sagan was compensated for his time.

### **SELECT IMPORTANT SAFETY INFORMATION** **What should I avoid while taking COBENFY?**

**Do not** drive, operate heavy machinery, or do other dangerous activities until you know how COBENFY affects you. COBENFY may cause dizziness, confusion, seeing or hearing things that are not real (hallucinations), and sleepiness.

**Please see Important Safety Information throughout and Full Prescribing Information, including Patient Information.**



## Support starts with COBENFY Cares™

Access free, 1:1 support 24/7 with a  
COBENFY prescription

Our team of COBENFY Cares Champions\* is available 365 days a year and may be able to help you:

-  Answer questions about COBENFY
-  Get ongoing support with regularly scheduled check-ins
-  Build routines for taking your medication as prescribed
-  Understand insurance coverage and sign up for a COBENFY Co-Pay Card†

\*COBENFY Cares Champions are available to provide support to patients who have been prescribed COBENFY. Champions do not provide medical advice or care. COBENFY Cares Champions are provided as a service by Bristol Myers Squibb. Patients should discuss any questions about their medical conditions and treatment options with their healthcare providers.

†COBENFY Cares does not guarantee insurance coverage for COBENFY. Coverage is determined by your insurance provider. Please see COBENFY Terms and Conditions in pocket.



Want tips for remembering to  
take your medicine regularly?  
COBENFY Cares has tools available.

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## Sign up for our Co-Pay Card

Eligible participants may pay as little as \$0

If you have private or commercial health insurance, you may be eligible to pay as little as \$0 per month through a co-pay savings offer. Certain terms and conditions apply.



[Click here](#) or call 1-877-COBENFY  
(1-877-262-3639) to enroll in COBENFY Cares or  
sign up for more information.

Please see Important Safety Information throughout  
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Information.**

# Important Safety Information (cont'd)

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## COBENFY may cause serious side effects, including:

### • **Problems with emptying your bladder (urinary retention).** See “Do not take COBENFY if you:”

COBENFY may cause your bladder to not empty completely or not empty at all. You are at increased risk for urinary retention if you are elderly, have a blockage in your bladder, have an enlarged prostate called benign prostatic hyperplasia (BPH), have bladder emptying problems from diabetes, or are taking higher doses of COBENFY. Urinary retention may increase your risk for getting a urinary tract infection. Call your healthcare provider or get emergency help right away if you get any signs or symptoms of urinary retention during treatment with COBENFY, including:

- difficulty urinating
- full bladder and difficulty emptying your bladder
- urination in a weak stream or drips
- pain when you urinate
- urinating frequently

### • **Risks in people with liver problems.** See “Do not take COBENFY if you:” It is not recommended that people with mild liver problems (impairment) take COBENFY because they have an increased risk of getting side effects from COBENFY. Your healthcare provider will check the liver enzyme levels in your blood before starting treatment and as needed during treatment with COBENFY. Tell your healthcare provider if you get any signs or symptoms of liver problems during treatment with COBENFY, including:

- yellowing of your skin or the white part of your eyes
- itching
- dark urine
- nausea or vomiting
- pain and swelling in the upper right part of your stomach (abdomen)
- fever
- stomach pain that spreads to your back or to below your right shoulder
- chills
- light-colored stools
- tiredness

### • **Risks in people with bile duct and gallbladder problems (biliary disease).** COBENFY may cause a blockage in your bile ducts that could lead to gallstones, pancreatitis, and increases in your liver enzymes. Your healthcare provider will check your liver enzyme and bilirubin levels in your blood before starting treatment and as needed during treatment with COBENFY. Tell your healthcare provider if you get any signs or symptoms of biliary disorders during treatment with COBENFY, including:

- stomach upset or burning (dyspepsia)
- vomiting
- nausea
- pain in the upper right part of your stomach

### • **Slow emptying of your stomach (decreased gastrointestinal motility).** See “Do not take COBENFY if you:” You are at increased risk for getting decreased gastrointestinal motility if you have ulcerative colitis, already have problems with slow stomach emptying, and have myasthenia gravis. Tell your healthcare provider if you get any signs and symptoms of decreased gastrointestinal motility during treatment with COBENFY, including:

- constipation
- stomach (abdominal) pain
- vomiting
- a feeling of fullness after eating just a few bites
- nausea
- acid reflux
- stomach (abdominal) bloating

### • **Serious allergic reactions (angioedema).**

Angioedema may happen during treatment with COBENFY and can be life threatening. Stop taking COBENFY and call your healthcare provider or get emergency help right away if you get any of the following signs or symptoms of a serious allergic reaction during treatment with COBENFY, including:

- hives
- hoarseness or difficulty speaking
- swelling of your face, lips, mouth, or tongue
- breathing problems
- swelling of your throat

**Please see Important Safety Information throughout and Full Prescribing Information, including Patient Information.**



## Reasons to **BE**lieve in COBENFY



The **first and only FDA-approved muscarinic agonist\*** for schizophrenia



Proven **relief** in schizophrenia symptoms overall†



Created with a unique approach—**it works differently\***

\* COBENFY is a muscarinic agonist (xanomeline) and muscarinic antagonist (trospium chloride). The exact way COBENFY works is not fully understood.

† COBENFY was studied in two 5-week clinical studies with 470 adults with schizophrenia aged 18 to 65 who either took COBENFY or a sugar pill. A rating scale measured changes in schizophrenia symptoms overall vs. sugar pill. Not studied for changes in individual symptoms. Results may vary.

Ask your healthcare provider if COBENFY may be right for you.

[Click here](#) to download a guide to help start the conversation.

### SELECT IMPORTANT SAFETY INFORMATION

The most common side effects of COBENFY include nausea, stomach upset or burning (dyspepsia), constipation, vomiting, high blood pressure, stomach (abdominal) pain, diarrhea, increased heart rate, dizziness, and heartburn (gastrointestinal reflux disease).

**Please see Important Safety Information throughout and [Full Prescribing Information](#), including [Patient Information](#).**

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