

# Getting started with COBENFY

We're here for you along  
your treatment journey.

*Sagan*

Taking COBENFY

Sagan was compensated for his time.

**COBENFY**   
(xanomeline and trospium chloride) capsules  
50mg/20mg, 100mg/20mg, 125mg/30mg

## The COBENFY experience

Welcome! Let's get familiar with your treatment plan.

In this brochure, you'll find:

- Results with COBENFY
- How to take COBENFY
- Information about your starting doses
- Possible side effects
- Support with COBENFY Cares™

### WHAT IS COBENFY (co-BEN-fee)?

COBENFY is an oral prescription medicine used to treat schizophrenia in adults. It is not known if COBENFY is safe and effective in children.

Please see Important Safety Information throughout and [Full Prescribing Information](#), including [Patient Information](#).



**COBENFY** 

(xanomeline and trospium chloride) capsules

50mg/20mg, 100mg/20mg, 125mg/30mg

*Bryan*

Taking COBENFY

Bryan was compensated for his time.

### SELECT IMPORTANT SAFETY INFORMATION

Do not take COBENFY if you:

- have urinary retention problems that cause your bladder to not empty completely or not empty at all
- have moderate or severe liver problems (impairment)

## COBENFY significantly improved schizophrenia symptoms

In 2 clinical studies,\* COBENFY was...

- ✓ Proven to deliver **significant relief** of schizophrenia symptoms overall vs placebo (sugar pill)

In 1 clinical study,† COBENFY...

- ✓ **Reduced** the overall severity of schizophrenia



COBENFY was studied in two 5-week clinical studies with 470 adults with schizophrenia aged 18 to 65 who either took COBENFY or a sugar pill.

\*A rating scale measured changes in schizophrenia symptoms overall vs. sugar pill. Not studied for changes in individual symptoms. Results may vary.

†A different schizophrenia rating tool was used to evaluate meaningful overall changes in the severity of schizophrenia.

Please see **Important Safety Information** throughout and **Full Prescribing Information**, including **Patient Information**.



**COBENFY**<sup>™</sup>  
(xanomeline and trospium chloride) capsules  
50mg/20mg, 100mg/20mg, 125mg/30mg

Chanel is taking COBENFY. Chanel and Fines were compensated for their time.

### **SELECT IMPORTANT SAFETY INFORMATION**

#### **Do not take COBENFY if you (cont'd):**

- have gastric retention problems that cause your stomach to empty slowly
- are allergic to COBENFY, xanomeline, or trospium chloride, or any of the ingredients in COBENFY
- have an eye problem called untreated narrow-angle glaucoma

## Start and end your day with COBENFY

**COBENFY** 

(xanomeline and trospium chloride) capsules

50mg/20mg, 100mg/20mg, 125mg/30mg



### Take twice daily by mouth

You can take 1 pill when you wake up and 1 pill before bed. Take COBENFY exactly as prescribed.



### COBENFY on empty

Take COBENFY on an empty stomach. Eating food too close to taking COBENFY can make side effects worse.



### Wait before you take

Wait at least 1 hour before eating or 2 hours after eating.

Please see Important Safety Information throughout and [Full Prescribing Information](#), including [Patient Information](#).

Taking COBENFY 2 times per day may help keep the medicine at a consistent level in your body throughout the day.

I will take my COBENFY daily at

\_\_\_\_\_ AM and \_\_\_\_\_ PM

Do not change the dose, stop taking COBENFY without talking to your healthcare provider, or open the capsules. If you take too much COBENFY, call your healthcare provider or the Poison Help Line at 1-800-222-1222 or go to the nearest hospital emergency room right away.

#### SELECT IMPORTANT SAFETY INFORMATION

Before taking COBENFY, tell your healthcare provider about all of your medical conditions, including if you:

- have an enlarged prostate, problems passing urine, or a blockage in your urinary bladder
- have liver problems
- have or have had gallstones or problems with your bile ducts or pancreas

## COBENFY comes in different strengths

**COBENFY**<sup>™</sup>  
(xanomeline and trospium chloride) capsules  
50mg/20mg, 100mg/20mg, 125mg/30mg

### 1. Starting dose for at least 2 days



When starting COBENFY, the recommended dose is 50 mg/20 mg twice daily for at least 2 days.

Pills not shown at actual size.  
mg/mg is shown as xanomeline/trospium chloride.

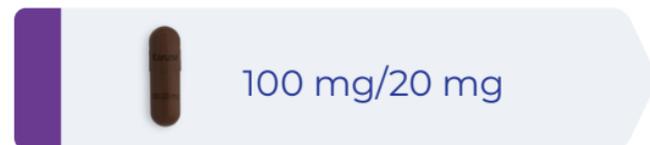
#### SELECT IMPORTANT SAFETY INFORMATION

**Before taking COBENFY, tell your healthcare provider about all of your medical conditions, including if you (cont'd):**

- have stomach or intestinal problems, including constipation, ulcerative colitis, slow emptying of your stomach, or myasthenia gravis

Please see Important Safety Information throughout and [Full Prescribing Information](#), including [Patient Information](#).

### 2. Increased dose for at least 5 days



Then your healthcare provider may increase your dose to 100 mg/20 mg twice daily for at least 5 days.

### 3. Ongoing dose



Your healthcare provider will determine the correct dose.

#### SELECT IMPORTANT SAFETY INFORMATION

**Before taking COBENFY, tell your healthcare provider about all of your medical conditions, including if you (cont'd):**

- have an eye condition called narrow-angle glaucoma
- have kidney problems

## Possible side effects of COBENFY

**COBENFY**   
 (xanomeline and trospium chloride) capsules  
 50mg/20mg, 100mg/20mg, 125mg/30mg

### The most common side effects of COBENFY include:

- Nausea
- Stomach (abdominal) pain
- Stomach upset or burning (dyspepsia)
- Diarrhea
- Constipation
- Increased heart rate
- Vomiting
- Dizziness
- High blood pressure
- Heartburn (gastrointestinal reflux disease)

These are not all of the possible side effects of COBENFY.

### SELECT IMPORTANT SAFETY INFORMATION

**COBENFY may cause serious side effects, including:** Problems with emptying your bladder (urinary retention), risks in people with liver problems, risks in people with bile duct and gallbladder problems (biliary disease), slow emptying of your stomach (decreased gastrointestinal motility), serious allergic reactions (angioedema), an eye problem called narrow-angle glaucoma, increases in heart rate, side effects in people with kidney problems, and central nervous system problems.

**Please see Important Safety Information throughout and Full Prescribing Information, including Patient Information.**



Eating food too close to taking COBENFY can make side effects worse.



If you experience nausea or vomiting, **ask your healthcare provider** about options that may help.

### SELECT IMPORTANT SAFETY INFORMATION

**Before taking COBENFY, tell your healthcare provider about all of your medical conditions, including if you (cont'd):**

- are pregnant or plan to become pregnant. It is not known if COBENFY may harm your unborn baby. Tell your healthcare provider if you become pregnant or think you are pregnant during treatment with COBENFY.
  - There is a pregnancy exposure registry for women who take COBENFY during pregnancy. The purpose of this registry is to collect information about the health of women exposed to COBENFY and their baby. If you become pregnant during treatment with COBENFY, your healthcare provider will register you by calling 1-866-961-2388 or online at <https://womensmentalhealth.org/research/pregnancyregistry/atypicalantipsychotic/>
- are breastfeeding or plan to breastfeed. It is not known if COBENFY passes into your breast milk or if it can harm your baby.

## Tips for staying on track

### It's important to create a habit of taking COBENFY

- Set reminders on your phone to take COBENFY
- Place your medication in a visible area, like a nightstand



Want tips for remembering to take your medicine regularly? COBENFY Cares™ has tools available. Learn more on page 16.

### SELECT IMPORTANT SAFETY INFORMATION

**Tell your healthcare provider about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking COBENFY with certain other medicines may increase your risk of side effects from COBENFY or the other medicine and may affect the way COBENFY or the other medicine works. Know the medicines you take. Keep a list of them to show your healthcare provider and pharmacist when you get a new medicine.

Please see **Important Safety Information** throughout and **Full Prescribing Information**, including **Patient Information**.

**COBENFY**   
(xanomeline and trospium chloride) capsules  
50mg/20mg, 100mg/20mg, 125mg/30mg



*Sagan*  
Taking COBENFY



“I try to be open and honest about what I’m feeling with my doctor. That way they’re better able to help me.”

—Albert, taking COBENFY

Albert was compensated for his time.

Please see Important Safety Information throughout and Full Prescribing Information, including Patient Information.

## Keeping track of your symptoms

**COBENFY**   
(xanomeline and trospium chloride) capsules  
50mg/20mg, 100mg/20mg, 125mg/30mg

Everyone experiences symptoms differently. An important part of treatment is keeping track of them. We’ve created a symptom tracker for you to fill out and bring to your next appointment for a more informed conversation.

Visit the link below to print the Symptom Tracker  
[COBENFY.com/resources](https://COBENFY.com/resources).

### SELECT IMPORTANT SAFETY INFORMATION

#### What should I avoid while taking COBENFY?

**Do not** drive, operate heavy machinery, or do other dangerous activities until you know how COBENFY affects you. COBENFY may cause dizziness, confusion, seeing or hearing things that are not real (hallucinations), and sleepiness.



## Support starts with COBENFY Cares™

Access free, 1:1 support 24/7 with a COBENFY prescription

Our team of COBENFY Cares Champions\* is available 365 days a year and may be able to help you:



Answer questions about COBENFY



Get ongoing support with regularly scheduled check-ins



Build routines for taking your medication as prescribed

\*COBENFY Cares Champions are available to provide support to patients who have been prescribed COBENFY. Champions do not provide medical advice or care. COBENFY Cares Champions are provided as a service by Bristol Myers Squibb. Patients should discuss any questions about their medical conditions and treatment options with their healthcare providers.

†COBENFY Cares does not guarantee insurance coverage for COBENFY. Coverage is determined by your insurance provider. Please see COBENFY Terms and Conditions in pocket.

Our Champions can help you understand insurance coverage and sign up for a COBENFY Co-Pay Card†

Eligible participants may pay as little as \$0

If you have private or commercial health insurance, you may be eligible to pay as little as \$0 per month through a co-pay savings offer. Certain terms and conditions apply.

[Click here](#) or call **1-877-COBENFY (1-877-262-3639)** to enroll in COBENFY Cares or sign up for more information.

Please see **Important Safety Information** throughout and **Full Prescribing Information**, including **Patient Information**.

**COBENFY™**  
(xanomeline and trospium chloride) capsules  
50mg/20mg, 100mg/20mg, 125mg/30mg



## Notes

---

---

---

---

### SELECT IMPORTANT SAFETY INFORMATION

#### COBENFY may cause serious side effects, including:

- **Problems with emptying your bladder (urinary retention).** See **“Do not take COBENFY if you:”** COBENFY may cause your bladder to not empty completely or not empty at all. You are at increased risk for urinary retention if you are elderly, have a blockage in your bladder, have an enlarged prostate called benign prostatic hyperplasia (BPH), have bladder emptying problems from diabetes, or are taking higher doses of COBENFY.

Please see Important Safety Information throughout and [Full Prescribing Information](#), including [Patient Information](#).



**COBENFY**<sup>™</sup>  
(xanomeline and trospium chloride) capsules  
50mg/20mg, 100mg/20mg, 125mg/30mg

*Avary*  
Taking COBENFY

[Click here](#) to hear real real stories from people taking COBENFY living with schizophrenia.

Avary and Ashleigh were compensated for their time.

## Important Safety Information (cont'd)

### COBENFY may cause serious side effects, including (cont'd):

- **Problems with emptying your bladder (urinary retention) (cont'd).** Urinary retention may increase your risk for getting a urinary tract infection. Call your healthcare provider or get emergency help right away if you get any signs or symptoms of urinary retention during treatment with COBENFY, including:

- difficulty urinating
- full bladder and difficulty emptying your bladder
- urination in a weak stream or drips
- pain when you urinate
- urinating frequently

- **Risks in people with liver problems.** See **“Do not take COBENFY if you:”** It is not recommended that people with mild liver problems (impairment) take COBENFY because they have an increased risk of getting side effects from COBENFY. Your healthcare provider will check the liver enzyme levels in your blood before starting treatment and as needed during treatment with COBENFY. Tell your healthcare provider if you get any signs or symptoms of liver problems during treatment with COBENFY, including:

- yellowing of your skin or the white part of your eyes
- nausea or vomiting
- dark urine
- loss of appetite
- pain and swelling in the upper right part of your stomach (abdomen)
- fever
- stomach pain that spreads to your back or to below your right shoulder
- chills
- itching
- light-colored stools
- tiredness

- **Risks in people with bile duct and gallbladder problems (biliary disease).** COBENFY may cause a blockage in your bile ducts that could lead to gallstones, pancreatitis, and increases in your liver enzymes. Your healthcare provider will check your liver enzyme and bilirubin levels in your blood before starting treatment and as needed during treatment with COBENFY. Tell your healthcare provider if you get any signs or symptoms of biliary disorders during treatment with COBENFY, including:

- stomach upset or burning (dyspepsia)
- vomiting
- nausea
- pain in the upper right part of your stomach

- **Slow emptying of your stomach (decreased gastrointestinal motility).** See **“Do not take COBENFY if you:”** You are at increased risk for getting decreased gastrointestinal motility if you have ulcerative colitis, already have problems with slow stomach emptying, and have myasthenia gravis. Tell your healthcare provider if you get any signs and symptoms of decreased gastrointestinal motility during treatment with COBENFY, including:

- constipation
- stomach (abdominal) pain
- vomiting
- a feeling of fullness after eating just a few bites
- nausea
- acid reflux
- stomach (abdominal) bloating

Please see Important Safety Information throughout and [Full Prescribing Information](#), including [Patient Information](#).

**COBENFY**   
 (xanomeline and trospium chloride) capsules  
 50mg/20mg, 100mg/20mg, 125mg/30mg

## Important Safety Information (cont'd)

### COBENFY may cause serious side effects, including (cont'd):

- **Serious allergic reactions (angioedema).** Angioedema may happen during treatment with COBENFY and can be life threatening. Stop taking COBENFY and call your healthcare provider or get emergency help right away if you get any of the following signs or symptoms of a serious allergic reaction during treatment with COBENFY, including:
  - hives
  - swelling of your face, lips, mouth, or tongue
  - swelling of your throat
  - hoarseness or difficulty speaking
  - breathing problems
- **An eye problem called narrow-angle glaucoma.** See **“Do not take COBENFY if you:”** If you already have narrow angles in your eyes, COBENFY may cause a sudden attack (acute angle closure) of glaucoma. Tell your healthcare provider if you get any signs or symptoms of narrow-angle glaucoma during treatment with COBENFY, including:
  - red eyes
  - blurred vision
  - seeing halos or bright colors around lights
  - eye pain or discomfort
  - nausea or vomiting
  - severe headache
- **Increases in heart rate.** COBENFY may increase your heart (pulse) rate. Your healthcare provider should check your heart rate before you start treatment and during treatment as needed. Tell your healthcare provider if you get a racing or pounding feeling in your chest during treatment with COBENFY.
- **Side effects in people with kidney problems.** People with kidney problems may have an increased risk of getting dry mouth, constipation, stomach upset or burning, urinary tract infection, and urinary retention during treatment with COBENFY.
- **Central nervous system problems.** See **“What should I avoid while taking COBENFY?”**

### The most common side effects of COBENFY include:

- nausea
- stomach upset or burning (dyspepsia)
- constipation
- vomiting
- high blood pressure
- stomach (abdominal) pain
- diarrhea
- increased heart rate
- dizziness
- heartburn (gastrointestinal reflux disease)

Your healthcare provider may lower your dose or stop treatment with COBENFY if you get certain side effects.

These are not all of the possible side effects of COBENFY.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**Please see Important Safety Information throughout and Full Prescribing Information, including Patient Information.**

**COBENFY**   
 (xanomeline and trospium chloride) capsules  
 50mg/20mg, 100mg/20mg, 125mg/30mg

**COBENFY**<sup>™</sup>  
(xanomeline and trospium chloride) capsules  
50mg/20mg, 100mg/20mg, 125mg/30mg



*Imagine what could*  
**BE**

Support starts here. Enroll in COBENFY Cares<sup>™</sup>  
by [clicking here](#) or calling 1-877-COBENFY  
(1-877-262-3639).

Cobenfy, Cobenfy Cares, and the Cobenfy logo are trademarks  
of Karuna Therapeutics, Inc., a Bristol Myers Squibb company.  
© 2026 Bristol-Myers Squibb Company.  
1629-US-2600026 01/26

